

Food Pantries

Church of the Ascension 301-737-2870

Mon. & Thurs. 9-12 Great Mills RD

Immaculate Heart of Mary 301-863-8193

Mon., Wed., & Fri. 8:30-11:30am, 2nd Tues 4-6pm Rt. 235 Across from Moving & Storage Co.

Lexington Park Baptist Church 301-862-2552

Wed. 1-1:30pm Once a month help per family Shangri La Drive

Trinity Lutheran 301-863-9512

Tue. 6-7:30pm Shangri La Drive
Every other week during the summer

Zion UMC 301-863-5161

Thurs 6-7pm South on Rt. 235

St. Cecilia's 301-862-4600

Assists households south of Lex Park

Good Samaritan Church 301-863-4740

Wed. & Fri. 10-11:30 a.m. Great Mills Rd.

First Saints Church: 301-475-7200

Tues. & Thurs., 11a.m.-12:30 pm Next to Med Star St. Mary's Hospital

Life Styles of Maryland 240-237-8236

Monday's 9:30am—5:00pm

Mt. Zion UM Church 301-884-4132

1st & 3rd Friday 8-11am Mechanicsville

Soup Kitchens

St. Mary's Caring 301-863-5700

Serving Lunch plus breakfast on Sat. Great Mills Road *New location May 2023, Old Brass Rail Building on Rt. 5

Loaves and Fishes 301-475-7200

Tues. & Thurs., 11-12:30pm First Saints Church next to Hospital.

Miscellaneous

Dept. of Aging & Human Services 301-475-4200

Provides a wide variety of programs and services to the county's senior residents, as well as other segments of the population in need.

Meals Delivery 301-475-4200 x1050

Delivered meals for homebound seniors 60 years or older.

Schedule for AA Meetings 800-492-0209

Care Net Pregnancy Center 301-737-4604

Pregnancy testing, counseling, & maternity needs. Rt.235 South of Pax River

Family ACCESS Center 301-866-5332

Various programs & services available for children. Located at the Jarboe Center on Lexwood Drive, Lexington Park.

Adult Education & ESL 301-934-7770

www.csmd.edu

Beacon of Hope 240-298-0212

Recovery & wellness-focused fellowship groups for anyone in, coming out of, or considering treatment, or seeking to maintain recovery. Hours of operation for Recovery Support are: Monday 10-am-7pm, Tues., 11am-6pm, Friday 11am - 10:30pm, Sat-Sun. 10am- 6pm & Sun 11:30am-2:30pm

Strong Beginnings WIC Clinic 240-956-8889

Pre-pregnancy Clinic

Sleep In Heavenly Peace 844-432-BEDS (2337)

Provides twin Size beds or bunk beds to children in need. www.shpbeds.org

ACTS 301-769-4199 acts-smc.org

Medical supplies available on loan

Information Provided by Lexington
Park United Methodist Church
301-863-8500

Local Community Assistance

Information about helping agencies in St. Mary's Co.

Updated 4/1/2023

Financial Assistance

Department of Social Services 240-895-7000

Lexington Park and Leonardtown

Hope 301-737-2870

Church of the Ascension
Monday–Thursday 9-12:00pm

Immaculate Heart of Mary Ch 301-863-8193

Open Monday, Wed. & Friday, 8:30am- 12 p.m.
2nd Tues., 4-6pm Appointments only Rt. 235
Across from Moving & Storage Co.

St. Aloysius Church 301-481-2942

Mon-Fri., 9am-4pm Leonardtown

St. Johns Church Charitable Society 240-577-5596

Hollywood

Immaculate Conception Church 301-884-3123

Mon.– Fri., 9am-4pm Mechanicsville

First District Catholic Aid Society 240-925-9354

St. Peter's, St. Michael's & St. Cecilia's Churches

Southern MD Tri-County Community Action

MEAP - Utilities Assistance 301-274-4474

Navy/Marine Corps Relief Society 301-342-4739

(After hours emergencies 301-342-1097) Patuxent River Naval Air Station Bldg. 401. 8am -2pm. Mon-Thurs. Active duty & retired family members and survivors.

Lifestyles of Maryland 240-237-8236

Financial assistance by appointment only

Persons with Disabilities

So. MD Center for Independent Living

301-884-4498 Various Supports and Assistance

On Our Own 301-997-1066

Peer Support - Mental health or Substance use

Health Hub 301-904-8949

Community Support Services for anyone in crisis

Advocacy, Legal Aid and Mediation

Community Mediation 301-475-9118

Transforming conflict into conversation
appointment needed

Center for Family Advocacy 301-373-4141

Advice and legal assistance for women
experiencing domestic violence or other
problems.

So MD Legal Aid Bureau 301-932-6661

Clothing

LPUMC Clothes Closet 301-863-8500

Free clothes for anyone in need. Agencies
referrals needed. Located in Lexington Park
United Methodist Church Great Mills Rd.

Transportation

Safe ride Express 301-863-1151

Hours: Mon-Sat, 6am-9pm, Sun, 8am-8pm

St. Mary's Transit 301-863-8400

Senior Rides Program 301-475-4200 Ext.1066

No wheelchairs. Must be 60 and older, live in St.
Mary's County. Call for requirements.

Lifestyles of Maryland 240-237-8236

Advance notice required

Medical Transportation 301-475-4296

Advance notice required

Emergency Contacts

Adult/Child Protective Services 240-895-7016

Weekdays 8am- 5pm after 5pm & weekends
call 301-475-8016

DSS After Hours Hotline 301-475-8016

Medical or Psychiatric Emergency Call 911

Sheriff's Office 301-475-8008

Employment

Jobs Source Office 301-844-6404

Mon.- Fri. 8:30am- 4:00pm
Shangri-La Drive in Lexington Park

Homeless Shelters & Services

Contact Dept. of Social Services 240-895-7000

Referral required

Three Oaks Center 301-863-9535

Emergency Shelter, respite care, Permanent
Supportive Housing for persons with disabilities;
Rapid Rehousing; Outreach, Prevention, and
Supportive Services for Veteran families.
Located on Lei Drive in Lexington Park

The Mission 240-718-8911

Christian based generalized services for those in
need. 24 hours 7 days a week

Lifestyles of Maryland 240-237-8236

Charles County Shelter

Angels Watch 301-274-0680

Charles County Shelter

Veteran Services

Three Oaks Center 301-863-9535

Supportive services for veteran households
Including housing and utilities assistance.

Mental Health Services

SO MD Community Network 301-475-9315

Mental Health Outreach & services

Pyramid Walden 301-997-1300

Counseling for adults, teens, or youth dealing
with substance abuse, or victims of domestic
violence.

Pathways 301-373-3065

Provides comprehensive treatment,
rehabilitative & vocational services, as well as
affordable housing to older teens and adults
enrolled in the program.

QCI Behavior Health 301-636-6504

Located in White Plains

Center For Children 301-475-8860

Mental health services for children & their
families.

Vesta 301-863-4543

Comprehensive services for adults, children,
and adolescents with a wide range of
psychological difficulties. Bilingual services.

Care Mind Health 301-363-2575

Located in the East Run Medical Center

Project Chesapeake 240-309-4015

Located in Leonardtown

Medical Services

Anchor 301-383-8669 Rehabilitative intake
services for people with addictions

Health Department 301-475-4330

Health Connections 301-475-6019

Access Health 301-475-6019

Provides clinical care and care
coordination/case management to certain
individuals. Available to all St. Mary's County
residents.