

Food Pantries

Church of the Ascension: 301-737-2870

Open Mon. – Thurs. 9 a.m. –12:00 p.m.. Located on Great Mills Rd.

Immaculate Heart of Mary Church: 301-863-8193

Rt. 235, North of Exploration Park Dr. Open Mon., Wed. & Fri., 8:30 a.m. – 11:30 a.m. & 2nd Tues. 4-6:00 p.m.

Lexington Park Baptist Church: 301-862-2552

Shangri La Drive, Lex. Park. Open Wed. 1-3:30 p.m.. Provides assistance once a month per family.

Trinity Lutheran Church: 301-863-9512

Shangri La Drive, Lex. Park. Open Tues. 6–7:30 p.m., every other Tues. during the summer months.

Zion United Methodist Church: 301-863-5161

Located south on 235. Open Thurs. 6-7p.m.

St. Cecilia's Catholic Church: 301-862-4600

Assisting those south of Lexington Park.

Good Samaritan Church: 301-863-4740

Great Mills Road Open Wed. & Fri. 10-11:30 a.m.

First Saints Church: 301-475-7200

Open Tues. & Thurs., 11 a.m.-12:30 p.m. Next to St. Mary's Hospital.

St. Mark's UAME: 301-994-2090

Located on Happyland Road in Valley Lee. Open Mondays 12 p.m.—2:30 p.m.

Life Styles of Maryland

Monday's 9:30—5:00 pm

Mt. Zion UM Church 301-884-4132

Located on Route 235 in Mechanicsville

Open 1st & 3rd Friday 8 a.m. - 11a.m.

Soup Kitchens

St. Mary's Caring: 301-863-5700

Open for breakfast and lunch. Closed on Sunday. Located at Langley Road in Great Mills.

Loaves and Fishes: 301-475-7200

Open Tues. & Thurs., 11 a.m.-12:30 p.m. Located at First Saints Church next to St. Mary's Hospital.

*“The Lord is my strength
and shield. I trust Him
with all my heart.
He helps me, and my
heart is filled with joy.”
~ Psalm 28:7*

Published by:
Lexington Park United Methodist Church

Worship Schedule

8:00 am: Traditional Worship

9:30 am: Contemporary Worship

11:00 am: Traditional Worship

Nursery for young children available during

9:30 & 11am worship

21760 Great Mills Road
Lexington Park, MD 20653
301-863-8500

Updated 5/20/22



Local Community Assistance

Information about various
organizations in St. Mary's
County that assist those in need



Financial Assistance

Department of Social Services 240-895-7000

Lexington Park and Leonardtown

Hope: 301-737-2870

Located at the Church of the Ascension.
Open Monday–Thursday 9 a.m-12:00 p.m.

St. Vincent De Paul -

Immaculate Heart of Mary Church: 301-863-8193

Rt. 235, North of Exploration Drive.

Open Monday, Wed. & Friday, 8:30a.m.-12 p.m.

2nd Tues., 4-6pm

Appointments Only.

St. Vincent De Paul - St. Aloysius Church:

301-481-2942 Located in Leonardtown

Mon-Fri., 9-4pm

St. Johns Church Charitable Society:

240-577-5596 Located in Hollywood

St. Vincent De Paul -

Immaculate Conception Church: 301-884-3123

Located in Mechanicsville

Mon.– Fri., 9-4pm

First District Catholic Aid Society: 240-925-9354

St. Peter's, St. Michael's & St. Cecilia's Churches

Southern MD Tri-County Community Action:

Utilities Assistance 301-274-4474

St. Mary's Housing Authority: 301-866-6590

Assistance with rent.

Navy/Marine Corps Relief Society: 301-342-4739

Patuxent River Naval Air Station Bldg. 401. Open

8 a.m.- 2 pm. Monday - Thursday. Assistance for

active duty & retired military, family members and

survivors. After hours emergencies 301-342-1097.

Lifestyles of Maryland: 240-237-8236

Financial assistance by appointment only.

Salvation Army: 301-609-9900 (Lifestyles)

Assists with utilities, food pantry, and

prescriptions. Mon. - Fri. 8:30am - 4:30pm.

Appointments Only.

Rental Assistance: Must call DSS, 240-895-7000

Miscellaneous

Dept. of Aging & Human Services: 301-475-4200
Provides a wide variety of programs and services to the county's senior residents, as well as other segments of the population in need.

Meals on Wheels: 301-475-4200 x1050

Delivered meals for homebound seniors 60 years or older (no cost).

Schedule for AA Meetings: 800-492-0209

Care Net Pregnancy Center: 301-737-4604

Pregnancy testing, counseling, & maternity needs. Rt.235 about ½ mile south of the main gate. Mon.—tues., 9am-5pm; Wed 4pm-8pm; Thurs., 9 a.m. – 5 p.m.; Fri Closed

WIC: 301-737-5562

Provides food assistance to “Women, Infants, and Children”. Must call for appointment.

Family ACCESS Center: 301-866-5332

Various programs & services available for children. Located at the Jarboe Center on Lexwood Drive, Lexington Park.

Adult Education & ESL: 301-934-7770;

www.csmd.edu

Beacon of Hope: 240-298-0212

Recovery & wellness-focused fellowship groups for anyone in, coming out of, or considering treatment, or seeking to maintain recovery. Hours of operation for Recovery Support are: Monday 10-am-7pm, Tues., 11am-6pm, Friday 11am - 10:30pm, Sat-Sun. 10am– 6pm & Sun 11:30am-2:30pm

The Mission: 240-718-8911

Generalized Christian services for those in need. You may call the number 24 hrs a day/7 days a wk.

Clothing

LPUMC Clothes Closet:301-863-8500

Free clothes for anyone in need. Referrals needed for individuals in crisis. Located in Lexington Park United Methodist Church

Persons with Disabilities

Coordination of Community Services: 301-475-6778
Assistance with locating resources for person with developmental disability.

So. MD Ctr. for Independent Living: 301-884-4498
Offers various types of assistance for individuals with disabilities.

On Our Own: 301-997-1066

They serve individuals who have lived experiences with Mental Health an/or Substance Use issues and/or are supporting a family or friend in these circumstances. Services are Free and No Appointment necessary.

Advocacy and Mediation

Community Mediation of St. Mary’s 301-475-9118

Transforming conflict into conversation, by appointments.

Center for Family Advocacy: 301-373-4141

Advice and legal assistance for women experiencing domestic violence or other problems.

Homeless Shelters

*Please contact Dept. of Social Services, for a referral
240-895-7000

Three Oaks Center: 301-863-9535

Emergency Shelter, respite care, Permanent Supportive Housing for persons with disabilities; Rapid Rehousing; Outreach, Prevention, and Supportive Services for Veteran families. Located on Lei Drive in Lexington Park.

Angels Watch: 301-274-0683

WARM: Shelter for men & women Nov.-March:

Location at various local churches. Please contact Social Services for intake into the program at: 240-895-7000

Sleep In Heavenly Peace: 844-432-BEDS (2337)

Provides twin Size Beds or Bunk Beds to children in need. www.shpbeds.org

Mental Health

SoMD Community Network: 301-475-9315

Closed

Trico Corporation: 410-474-9315

Counseling help available to anyone. A sliding scale fee based on income is used for payment.

Walden: 301-997-1300 or 301-863-6661 (hotline)

Counseling for teens, youth, people with substance abuse, and victims of domestic violence.

Pathways: 301-373-3065

Provides comprehensive treatment, rehabilitative & vocational services, as well as affordable housing to older teens and adults enrolled in the program.

QCI Behavior Health: 301-636-6504

Located in White Plains

Center For Children: 301-475-8860

Mental health services for children & their families.

Vesta: 301-863-4543

Comprehensive services for adults, children and adolescents with a wide range of psychological difficulties.

Bowes & Associates: 301-904-3757

Psychotherapy provided for families, individuals, couples, and groups. Located in Lexington Park.

AXIS: 301-363-2575

Located in the East Run Medical Center

Project Chesapeake: 240-309-4015

Located in Leonardtown

Transportation

Safe ride Express: 301-863-1151

Hours: Mon-Sat, 6am-9pm, Sun, 8am-8pm

St. Mary’s Transit: 301-863-8400

Senior Rides Program: 301-475-4200 Ext.*1066

No wheelchairs. Must be 60 and older, live in St. Mary’s County. Call for requirements, always looking for volunteers.

Medical Needs

Anchor: 301-290-0270

Rehabilitative intake services for people with addictions.

Health Department: 301-475-4330

Medical Transportation: 301-475-4296

Office on Aging: 301-475-4444

Health Connections : 301-475-6019

Call to make appt.; \$15.00 fee

AccessHealth

Provides clinical care and care coordination/case management to certain individuals. Available to all St. Mary’s County residents. Please call at 301-475 -6019 for more information.

Employment

Jobs Source Office: 301-844-6404

Open Mon. – Fri. 8:30 a.m.– 4:00 p.m. Located on Shangri-La Drive in Lexington Park..

Emergency Contacts

Adult/Child Protective Services: 240-895-7016

Weekdays 8 a.m.– 5 p.m. After 5 p.m. & weekends call 301-475-8016.

DSS After Hours Hotline: 301-475-8016

Medical or Psychiatric Emergency: Call 911

Sheriff’s Office: 301-475-8008

Walden: 301-997-1300

Veteran Supportive Services

Veterans Resource Center: 301-863-9535

Provides Veterans and their families assistance with finding and keeping employment, to include resume writing, interview techniques, and skill classes; counseling; online application - such as benefits, medical, VA forms, etc.